

St Therese of Lisieux Catholic Parish



Moonah-Lutana

St Therese of Lisieux Church

In the care of Missionaries of the Sacred Heart (MSC)

Sunday, 26th January, 2020

THIRD SUNDAY IN ORDINARY TIME - YEAR A

AUSTRALIA DAY

*ST THERESE OF LISIEUX CATHOLIC PARISH MOONAH LUTANA
IS COMMITTED TO PROVIDING A SAFE AND NURTURING CULTURE
FOR ALL PEOPLE IN OUR PARISH.*

FROM PARANOIA TO METANOIA

Sometimes we're a mystery to ourselves, or, perhaps more accurately, sometimes we don't realise how much paranoia we carry within ourselves. A lot of things tend to ruin our day.

I went to a meeting recently and for most of it felt warm, friendly towards my colleagues, and positive about all that was happening. I was in good spirits, generative, and looking for places to be helpful. Then, shortly before the meeting ended, one of my colleagues made a biting comment which struck me as bitter and unfair. Immediately a series of doors began to close inside me. My warmth and empathy quickly turned into hardness and anger and I struggled not to obsess about the incident. Moreover the feelings didn't pass quickly. For several days a coldness and paranoia lingered inside me and I avoided any contact with the man who had made the negative comments while I stewed in my negativity.

Time and prayer eventually did their healing, a healthier perspective returned, and the doors that had slammed shut at that meeting opened again and metanoia replaced my paranoia.

It's significant that the first word out of Jesus' mouth in the Synoptic Gospels is the word, metanoia. Jesus begins his ministry with these words: "*Repent [metanoia] and believe in the good news*" and that, in capsule, is a summary of his entire message. But how does one repent?

Our English translations of the Gospels don't do justice to what Jesus is saying here. They translate, *metanoia*, with the word, *repent*. But, for us, the word *repent* has different connotations from what Jesus intended. In English, repentance implies that we have done something wrong and must regretfully disavow ourselves of that action and begin to live in a new way. The biblical word, *metanoia*, has much wider connotations.

The word, *metanoia*, comes from two Greek words: *Meta*, meaning above; and *Nous*, meaning mind. *Metanoia* invites us to move above our normal instincts, into a bigger mind, into a mind which rises above the proclivity for self-interest and self-protection which so frequently trigger feelings of bitterness, negativity, and lack of empathy inside us. *Metanoia* invites us to meet all situations, however unfair they may seem, with understanding and an empathic heart. Moreover, *metanoia* stands in contrast to paranoia. In essence, *metanoia* is "non-paranoia", so that Jesus' opening words in the Synoptic Gospels might be better rendered: *Be un-paranoid and believe that it is good news. Live in trust!*

Henri Nouwen, in a small but deeply insightful book entitled, *With Open Hands*, describes wonderfully the difference between metanoia and paranoia. He suggests that there are two fundamental postures with which we can go through life. We can, he says, go through life in the posture of paranoia. The posture of paranoia is symbolised by a closed fist, by a protective stance, by habitual suspicion and distrust. Paranoia has us feeling that we forever need to protect ourselves from unfairness, that others will hurt us if we show any vulnerability, and that we need to assert our strength and talents to impress others. Paranoia quickly turns warmth into cold, understanding into suspicion, and generosity into self-protection.

The posture of metanoia, on the other hand, is seen in Jesus on the cross. There, on the cross, we see him exposed and vulnerable, his arms spread in a gesture of embrace, and his hands open, with nails through them. That's the antithesis of paranoia, wherein our inner doors of warmth, empathy, and trust spontaneously slam shut whenever we perceive a threat. Metanoia, the *meta* mind, the bigger heart, never closes those doors.

Some of the early church fathers suggested that all of us have two minds and two hearts. For them, each of us has *big mind* and a *big heart*. That's the saint in us, the image and likeness of God inside us, the warm, generative, and empathic part of us. All of us harbour a true greatness within. But each of us also has within us a *petty mind* and a *petty heart*. That's the narcissistic part of us, the wounded part, the paranoid part that turns self-protective and immediately begins to close the doors of warmth and trust whenever we appear threatened. Such is our inner complexity. We are both big-hearted and petty, open-minded and bigoted, trusting and suspicious, saint and narcissist, generous and hoarding, warm and cold. Everything depends upon which heart and which mind we are linked to and operating out of at any given moment. One minute we are willing to die for others, a minute later we would see them dead, one minute we want to give ourselves over in love, a minute later we want to use our gifts to show our superiority over others. Metanoia and paranoia vie for our hearts.

Jesus, in his message and his person, invites us to metanoia, to move towards and stay within our big minds and big hearts, so that in the face of a stinging remark our inner doors of warmth and trust do not close.

Fr Ron Rolheiser OMI ©

In the Heart of Jesus,
Fr Mark Hanns MSC

WEEKLY COLLECTION

Envelopes: \$ 1,955.00

Loose: \$ 462.90

TOTAL: \$ 2,411.90

Week's Pledged Collections:

\$ 2,538.00

Difference \$ 126.10

Thank You!

STEWARDSHIP

"He called them, and immediately they left their boat and their father and followed Him." (Matthew 4:22)

Just as Jesus called the first apostles, He calls each of us to follow Him, too. Not everyone is called to leave their business or family behind, but we are expected to put God first in everything. Everything from our time in daily prayer, our talent in participating in one of our parish ministries, and our treasure to support the financial needs of our parish mission.

NOTICES

SILENT RETREAT - SPIRITUAL EXERCISES OF ST IGNATIUS OF LOYOLA

We invite you to experience 5 days of silent retreat to go in a deeper encounter with Jesus within you. During these days will be offered Latin Mass, Rosary, Adoration, Conferences in the Spiritual Exercises, Spiritual Direction, Confession and Way of the Cross. **Speaker:** Fr Pius, a Benedictine monk from Notre Dame Priory Monastery in Colebrook, Tasmania. **Date:** 2 - 7, March 2020. **AUD 550,00** - per person (accommodation, meals and fee). **Place:** Emmanuel Centre (123 Abbott Street, Newstead - Launceston). **RSVP:** 0418 183 511 or palavravivatasmania@gmail.com

FAREWELL FOR FR MARK AND WELCOME FR KRISH

A farewell for Fr Mark and welcome to Fr Krish morning tea will be held after the 9:00am Mass **TODAY** Sunday, 26th January 2020.

ADIOS!

I arrived almost four years ago, expecting to be here for six years, or even nine or twelve. Aah, but life is a meandering journey, and other factors come in to play, leaping up to surprise us. Such is my life now, having turned to a new direction. That new direction will have its own surprises and unexpected blessings too,... I hope.

It has been a blessing to be here among you, the good people of St Therese's. It's been a blessing to live in beautiful Hobart in scenic Tasmania. Now that I'm leaving, I'm aware of so much that I have not seen or done, as often happens when one lives in a place. So, I'll just have to return as a tourist and explore all those as-yet-unexplored places. When that day arrives, it will be great to say "G'day" to you again. Until then, may God hold you in the palm of His hand. Thanks for everything. Goodbye and God Bless.

Mark MSC

LET US PRAY FOR

The Sick

Thanh Huynh, Shirley Lehner, Olga Woods, Susan Wilson, Lise Levaque, Mary Hughes, Drina Paradzik, Jay Jennings, Tony Dalton, Elsa Bazan, Bev Murray, Kayden Edwards, Lorna Brazendale, Leo Manning, Jan Grubb, Alicia Stroud, Aileen Jones, Paddi McDonald, Peter van Loggerenberg, Joe Higgins, Gracie Manson.

Anniversaries

Joshua Flack, Otto Fritz, Jadwiga Dmuchowski, Marianna Gladysz, Jadran Kolega, Paul Taylor, Elizabeth Ann Rakowski, Teresita Gabriel Despacio, Fr Vincent Dwyer MSC, Fr Patrick Moloney MSC, Hedley Hodgetts, Richard Daniel Coad, Camden Cashion, Wilhelm Waiser, Charles Burnett, David Curtin, Josef Kremzer, Emilia Cisak, John Dwyer, Sydney Grubb, Amy Kennedy, Mary Brown, Ella Hoskins, Joan Etherington, Antoni Halys, Fr Robert Hyland MSC, Roger Cashion, Evelyn May Hope, Earla Poulson, Mollie Cooper, Antonia (Toni) Luxemborg, Beattie Jones, Editha Gabriel Malicdan, Graeme Bresnehan, Elizabeth Trojanowski, Francis Robert Young, Gavin Davey, Pawel Cichon, Kathleen D. McCabe, Vale Stanwix, Nancy Veronica Cullen, Stanislaw Czachor, Humphrey Beckitt, Grant Brazendale-Brooks, Susanne Brazendale.

Recently Deceased

READINGS

25th/26th January, 2020

*Third Sunday in Ordinary Time
Year A*

ENTRANCE ANTIPHON: (Cf Psalm 95:1, 6)

O sing a new song to the Lord;
sing to the Lord, all the earth.
In his presence are majesty and splendour,
strength and honour in his holy place.

FIRST READING: (Isaiah 8:23-9:3)

In the Galilean country, the people have seen
a great light.

PSALM: (Psalm 26:1, 4, 13-14)

The Lord is my light and my salvation.

SECOND READING: (1 Corinthians 1:10-13, 17)

I appeal to you, my brothers and sisters,
make up the differences between you.

GOSPEL ACCLAMATION: (Matthew 4:23)

Alleluia!, Alleluia!
Jesus preached the Good News of the
kingdom
and healed all who were sick.
Alleluia!

GOSPEL: (Matthew 4:19-23)

He went to Capernaum, that the prophecy of
Isaiah be fulfilled.

MASS TIMES

Monday 26th January to
Sunday 2nd February 2020

	English	Polish
Monday	9:15am	
Tuesday	No Mass	9:00am
Wednesday	12:00 noon	
Thursday	9:15am	
Friday	12:00 noon	9:00am
Saturday	6:30pm	
Sunday	9:00am 4:30pm 5:45pm (Syro-Malabar)	10:45am

READINGS/ROSTERS

1st/2nd February, 2020

*The Presentation of the Lord
Year A*

ENTRANCE ANTIPHON: (Cf Psalm 47:10-11)

Your merciful love, O God,
we have received in the midst of your temple.
Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.

FIRST READING: (Malachi 3:1-4)

The Lord whom you seek will come to his
temple.

PSALM: (Psalm 23:7-10)

Who is this king of Glory? It is the Lord!

SECOND READING: (Hebrews 2:14-18)

He had to be made like us in all things.

GOSPEL ACCLAMATION: (Luke 2:32)

Alleluia!, Alleluia!
This is the light of revelation to the nations,
and the glory of your people, Israel.
Alleluia!

GOSPEL: (Luke 2:22-40)

My eyes have seen your saving power.

Saturday 6:30pm

Readers *Phil Blake, Gerry McGushin*

Ministers *Debbie Large, Ed Sianski*

Projector *Anne Thuringer*

Sunday 9:00am

Readers *Marie Anders, Marty Ogle*

Ministers *Phyllis Nicoll, Monica Sianski*

Sick *Monica Sianski*

Projector *Izak Hangan*

Sunday 4:30pm

Readers *Kerrie Morrisby, Carlene Larkin*

Ministers *Cameron Brown, Melissa Brown*

Projector *Daniel Duharte*

Altar *Victoria Maty, Kieran Aherne &
Monica Sianski*

Cleaning *Maree Triffett*

Counters *Coney & Jun Avellana*